

All About the TRANS-PALATAL ARCH (TPA)

Description:

The Trans-Palatal Arch is comprised of stainless steel rings (bands) around the posterior teeth (usually molars) and a looped wire that spans the palate (roof of the mouth) without touching it.

Usage:

The Trans-Palatal Arch is used to hold upper molars in place, stabilizing the position of these teeth after, or during, the movement of other teeth. The TPA can also be used to rotate molars into more ideal positions to improve the bite and to help the molars move as a unit when working together with TADs.

General Instructions:

Please avoid sticky/chewy candies and gum.

Cleaning:

We suggest that patients rinse with water after eating to help clean the appliance. Brush and floss as usual, taking special care to clean around the bands and the palatal arch.

What To Expect:

Upon initial placement, there may be some tongue obstruction, but your speech will be back to normal in just a few days.

Dr. Bronsky's Tip:

Read your favorite book, magazine, etc. to yourself in front of the mirror for five minutes a day – your speech will be perfect in no time.

Remember:

This appliance may be small, but it is essential to the success of treatment.



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